

Interview with Gareth and Gaenor

Recorded 06 Nov 2021

R is in **bold**. **Gaenor is in purple**, **Gareth in blue**.

R: It's fine. Yeah, so let's start. So, I guess, yeah, you're here, Gareth.

Gareth: Yes. Lurking.

R: Lurking. You're obviously here, Gaenor. So let's start with a few admin things. Do you want your names withheld or not?

Gaenor: I don't see why.

R: OK. I always ask why people do or don't. So, could you tell me a little bit more about why you're not that bothered?

Gaenor: Well, I'm going to be telling you about what I think and why I think it, and I kind of feel maybe I should stand next to that, you know, put my name out there. Can't see any problem with not [withholding].

Gareth: I'm not so sure. I think with my name, I don't know if it has to be released, does it? My full name? So, if it doesn't have to be, I'd rather it wasn't.

R: Well, Craig, for instance, only wants his first name out.

Gareth: That would be better for me, I think.

Gaenor: Yeah, you can put my first name out. That's a good compromise.

R: And I mean, I think the surname doesn't really add anything, if you know what I mean. But yeah, everybody's got their own reasons for publicising or not. And it's always very interesting because it tells you how polarized everything's become that people have some degree of concern over actually putting their names to what are fairly [well] articulated beliefs. Right? The stigma is there. And they feel it. And they feel it to the point that they feel as though they can't stand by this stuff. It is what it is. It's neither good nor bad, but it certainly is a thing.

Gareth: Yeah. And there really is a danger of being kind of singled out and, you know, witch hunted almost. There is, especially, I don't know, yeah, it depends who reads it.

R: But that's the consequences of putting your name to things. I've written pieces, and I've written them under my own full name. And in some ways, it's about sort of baring your chest and saying, you know what, "come at me."

Gaenor: Yeah, I suppose the thing is I kind of feel like I can't believe anybody would take issue with where I stand and what I think, but obviously, people are. But yeah, my first name, that's fine. That's fine; that's cool.

R: Yeah. So, as I've just mentioned to you off record as well, so I record, I go away and transcribe somehow. And then once I've got enough interviews in on paper, I'll start doing something called coding, which is like to figure out what the patterns and trends and stuff are. The details of that, I'm not entirely sure how they're going to work. But I don't need to be certain just yet for me to actually go out to get the data. So, you know, it's not affected. It doesn't affect this going out and getting the process underway. And yeah, so we agree and edit the transcript. Some people quite like, you know, they'll sit down with it quite intensively and they'll want to edit it a lot, and that is their right.

Gaenor: After you've done your editing?

R: Yeah, so I edit it for readability and stuff like that. And when somebody does a lot of umming and ahing, it doesn't need to be in the transcript because it's not adding anything. But others might, when they get into a bit of a flow, sometimes they release information that they're not happy with having in the public domain.

And, you know, it's important that, particularly if somebody is putting their real name to things, that they're comfortable with what goes with their name, and sometimes it's not the most flattering description of themselves, and well, they owe it to themselves and whoever their dependents are that stuff that could compromise them or they feel could compromise them doesn't make it out. So that's their opportunity there.

Gaenor: Yeah. OK, that's good.

R: Yeah, and then eventually I'll write it up. [Gareth brings a cup of tea] Yeah, so that's just how it goes down. So that kind of process, getting stuff to text, takes about a week or so. I'm a bit backlogged at the minute so it might take a bit longer, in part because I was ill and whatever. So yeah, let's go. So, who are you in your own words?

Gaenor: Gosh, that's- OK, well I'm 48. I've lived in or around the local area all my life, been with Gareth for over 30 years, worked in care all my life. I'd say I'm a positive person, a glass half full kind of gal. But I'm a worrier, can be very anxious, and I dwell as well. I'll worry about something, and I will dwell on it for days. Yeah, I can kind of be a bit in my head, a bit of a daydreamer I suppose in that way. That's a tricky question. I don't know if I've described myself very well there at all!

R: Well, you described yourself in your own words.

Gaenor: I'm easygoing. I think I'm tolerant, I think I am very tolerant.

Gareth: You have to be putting up with me.

Gaenor: Well, there you go. I'm glad you said that!

Gareth: Years of training.

Gaenor: I don't know. Would you add anything?

Gareth: Pretty caring, pretty caring person. And I think one of your main things is you're just like really averse to upsetting people in any way.

Gaenor: Yes.

Gareth: So, you spend an awful lot of energy-

Gaenor: I think it is a big problem actually.

Gareth: You spend an awful lot of energy trying not to upset people in everything you do.

Gaenor: And that's everybody. It's not just people who are important to me. It's kind of everybody.

Gareth: It is everybody.

Gaenor: I don't know why.

R: Yeah, well, I mean, the problem with, I can't say that you are, but being a doormat is you get trampled on. That's never good position to be in.

Gareth: You don't get trampled on. I can't think of when you've ever been trampled on, really.

Gaenor: No, I don't feel like I am trampled on. I think there's a difference between being assertive and being aggressive. And I think I've come across aggressive people in my life who probably think they're being assertive. And passive aggressive as well, you know? People, I don't know, are quite manipulative, but do it in a way that is not immediately obvious.

Gareth: I can't stand that. Shall I stay out of this? Or just chuck my thing in as well?

Gaenor: Well, I suppose, I don't know. Are we doing it together? Are you going to say who you are now? Or is that really confusing?

R: No, it's fine. I mean, you're here. So, if you want to chip in, by all means do. But yeah, if you're going to be here, stick around type thing.

Gareth: Yeah. OK. Because would this talk count as one interview for the both of us?

R: One interview for the both of you.

Gareth: Are you OK with that?

Gaenor: Yeah, I'm happy with that.

Gareth: Or shall I just go away and leave you to it?

Gaenor: No, I think- no, because then I'd be really worried about you listening in from a distance! So no, I think we'll do it together. Yeah. I think that's quite good.

R: Yeah, I think it's interesting because it'll be the first time I've done it as a couple, and, well, family units are interesting, too. Because there's something of a dynamic there that doesn't necessarily get covered when you're introduced-

Gareth: Because we've been in this together. Do you know what I mean? All the way.

Gaenor: All the way. Thank God.

R: Yeah, so do you want to add anything about yourself or-?

Gareth: Yeah, I could do then, couldn't I, at this juncture. Yeah. So, I'm 51, and I'm going to be 52. I can't quite believe I'm that old. Because I feel like about 22 with more backache. And I don't know, what about me? I've always been an outsider. Definitely a square peg in a round hole, never fit in anywhere, never wanted to. Always resisted, always kicked against the rules, always kicked against authority. If there was a rule there, then it just had to be broken. And there was no way I'm going to be following any stupid rules, unless they make sense —

Gaenor: Whereas I'm probably a rule follower.

Gareth: Yeah, exactly.

Gaenor: In general.

Gareth: So, there's the contrast. So that's very much my thing, really, just like sod the rules. I mean, I've never paid to get into Glastonbury. Only once, and that was in 1984, and it was 14 quid. But I've jumped the fence every other year since then, and, it's no way I'd — it's just a rule to be broken. For example-

R: So, the reason I submit the edited transcript for further editing is for instances like that in case you have a case of buyer's regret, you can filter that out. The choice to do so is entirely yours. I will not get involved.

OK, so describe the sort of family situation that you have. Like, OK, I know that you just live with one another. What's the relationship between you two like? Is there a strong difference of opinion on the subject or not?

Gaenor: No, I'd say not. I'd say we are pretty much on the same page.

Gareth: I think the important thing here is that like I've always been well red pillled or even black pillled. And so, I've been going on about this stuff for ages.

Gaenor: So, it's not a massive surprise to me that-

Gareth: Listening to my internet woo-woo all the time, and you've never paid that much attention to it, have you?

Gaenor: It's always been there in the background, yeah, I've always been aware of it.

Gareth: But you've kind of always gone "well, he's a bit, he's a bit mad. So, maybe we can't really believe everything he says." But I think there's a big element of "I was kind of right all along" here, which is quite an interesting thing.

Gaenor: But also, you know, I've been aware, over the years of things you've read and listened to because I've been around. And I've always thought, yeah, "it's possible", whatever it is that you're listening to.

Gareth: And you're really well informed because I've been going on about my crackpot conspiracy theories-

Gaenor: It's not like what's going on now is a massive like a huge shock or a surprise, like for some people, I think, they've always really trusted in the system. So, it's not a massive shock to me, I suppose because of you.

Gareth: But like our shock about this is the damage that it's done to everybody else, isn't it? That was the shocking thing. We weren't at all shocked that they've done this to us, that they dropped the COVID bomb. I mean, I was shocked because I couldn't believe they could be so evil. But it's the shock of them actually doing it, and just seeing it unfold, it's been absolutely appalling, isn't it? Really upsetting, really shocking. I mean, I'd compare it personally to post traumatic stress disorder, literally, you know, it's been appalling.

[Gaenor wishes to bring attention to what she terms "The global impact, the terrible consequences that lockdowns had on people living in poverty. On mental health, suicides." She also quotes Professor Michael Levitt, saying of him: "[he] said really early on in the pandemic and it stuck with me throughout. He said To interrupt the evolution of a virus prevents it from becoming milder over time." I think it is rather arrogant to think we can beat nature, beat a virus. Hiding from it just kicks the can down the road.]

R: So, what do you- it's important to define these things so that we all know what we're talking about. So, what is your definition of COVID? And what is your definition of a lockdown?

Gareth: Who wants to go first?

Gaenor: OK, well, COVID, is a respiratory illness. I think the majority of people who get it are going to be fine. I think there are going to be people who are elderly, vulnerable, people who have other issues who might be vulnerable to becoming sicker with it. I think the way they've responded hasn't really helped with, the early treatment, that they're telling people not to overburden the NHS, to stay at home. I think, you know, rather than this have a kind of positive impact on the outcomes for a lot of people, it's kind of fed into the negative outcome.

And lockdown, it's, well, you know, I think they went completely against what their pandemic preparedness plan was, which was not to have a lockdown. I think it's been disastrous for a lot of reasons. I think isolation, loneliness for people.

R: Sorry, the- But what is it is?

Gaenor: What is lockdown?

R: Yeah. So, when we use the term lockdown or, as some of the public health bastards call it, control measures, because they will stand by that odious word, what do you understand by that?

Gaenor: So, when they brought in lockdown that was telling people to stay in their homes, only to go out once a day for exercise, not to meet people outside of their households.

Gareth: Stand two meters apart.

Gaenor: Stand two meters apart, not to meet- you know, if you do meet someone outside, it is only for exercise. Or were you even allowed to meet someone for exercise? I can't even remember. I think the thing was that the definitions changed so much, didn't they? It was difficult to kind of keep up with what the rules were because they did seem to be constantly changing. And you know, quite ridiculous, not being able to meet someone on a bench outside, it's just ludicrous.

R: Yeah. Yeah.

Gareth: So, like with me, I was thinking, like I say, I've always paid attention to alternative media. And a lot of the things I was listening to were kind of talking about this looming threat of a global pandemic months before they announced it. And so, I was kind of watching it coming and watched it all develop with a slightly different viewpoint. But I thought initially, well, I really doubt if it's a novel Coronavirus that we've never seen before, that we don't have any immunity to, I found that incredibly hard to believe unless, you know, it's a bioweapon engineered in a lab. And if that's the case, then that's a completely different kettle of fish altogether, isn't it really.

But you know, I thought, well, maybe it is, maybe it isn't. But let's see what the data says. And so, when in March, the data started coming out from Italy, about six weeks after the announcement of the start of the pandemic, it was quite obvious that all the people that sadly died of it were old with multiple comorbidities, and, you know, well into their 80s. It was obvious. And I thought, "well, there's your answer right there. I don't really need to know much more about this from the point of view of how dangerous it is, because it's pretty obvious it isn't that dangerous."

And then, you know, the powers that be go off the deep end and completely go insane and launch the lockdown, which was stunning as far as I was concerned, never been tried before. And like Gaenor says, you know, the government's flu pandemic preparedness, the Project Cygnus, I think it was called that, was praised from the international community for being one of the best and most thorough pandemic preparedness plans that any country in the world has ever managed to cobble together.

And I wasn't aware of that then because, you know, what I- the energy I spent on thinking about viruses was literally zero prior to this, never crossed my mind, never worried me at all, never was concerned about any kind of virus, catching it or giving it to anybody or anything. But yeah, you know, just insane. And I couldn't believe that they did it.

R: So COVID is/was a respiratory virus, and the lockdowns are basically as Gaenor defined them?

Gareth: Yeah.

Gaenor: And I think the lockdown kind of set the scene. It kind of terrified everybody, didn't it? That's it, you're locked in your houses, don't go out. And it was terrifying for a lot of people.

Gareth: I could see it for the global psyop that it was straight away. And, you know, just for the record, I was looking at ADSB exchange, the flight tracking website, the day after the lockdown was announced, kind of late at night, 10-11 o'clock at night, and the U2 spy plane had done a pass over Europe. And you know, what that aircraft does is it's specifically there to image the ground. It's got high resolution cameras, and it can film like a 3-400-mile chunk of the Earth's surface in one strip. And, you know, they were monitoring the effect of the lockdown, they were monitoring traffic levels. That was it. Now, you know, why else would they do that if it wasn't a military operation?

R: It's a good question, one I don't have the answer to, but it's a good question. So can you describe- you started, but I kind of stopped you there. Can you describe the nature of the opposition that you have to lockdowns?

Gaenor: OK. Well, I don't think lockdowns were necessary. I think they were hugely damaging. And caused an awful lot of fear. I think a more focused approach would have been more effective.

Gareth: Antihuman, completely antihuman, saying to people that you can't meet other people, you have to stay away from them because if you get close to them, you'll die. What a terrible thing to say.

Gaenor: And [inaudible 21:00], you know, and the adverts that are pumped into people's houses all day every day, terrifying. No wonder people are terrified.

Gareth: All those adverts with the yellow and red COVID particles coming out of people's horrible sneezing faces in the adverts, just wicked, absolutely wicked, a wicked psyop, psychological operation, just for the uninitiated. Really incredible. And I went out on Easter Day, sat in the park, and it was a beautiful Spring day, and it was empty. And there was nobody about. And I'm sitting there thinking this is the most evil thing I've ever experienced in my life.

Gaenor: This isn't going to encourage good health, is it? People staying indoors, not going out, not getting fresh air, not getting exercise, not getting social contact.

Gareth: Yeah, everything they've done, everything they've done has been the antithesis of good health. It really has, just incredible, every single thing.

Gaenor: And that's not to say people can't be sensible

Gareth: The face masks, the testing, the relentless bullshit about asymptomatic transmission and you might have it even though you're fine. Completely insane. It goes against everything that we've ever been told about what to do about viruses, you know, which used to be eat a good diet, get fresh air, plenty of exercise.

Gaenor: Cover your mouth when you cough, wash your hands with soap and water, which we've been doing, you know, we're pretty good at doing that.

R: But yeah, the messaging has been certainly a very controversial aspect of this all. Yeah, I've spoken to people who believe that the messaging was necessary- it was necessary for the messaging to have its tone and others who were not of that view. So, what was your take on the messaging surrounding this stuff from, I guess, was it March when it started to really crank up?

Gareth: The first thing was wash your hands, wasn't it? That was the first thing. It was wash your hands and sing Happy Birthday while you wash your hands. And I remember at the time listening to that thinking, "well, if this is all it's going to be, you know, we can cope with that. It's already pretty insane, you know," but none of the other measures were even discussed really early on. I can't even remember the first.

Gaenor: I think the advert they put out-

R: There was one around Mother's Day, the 15th of March 2020, which really stuck by me. It's like show your mum you love her by going nowhere near her.

Gareth: Right. I mean, I never really- we don't watch telly, and I don't really read newspapers, although I do get a lot of exposure to a lot of different sources of information, but I missed that one. I think I missed quite a lot of it actually. And I only started to become aware of the toxic propaganda from other sources I suppose.

Gaenor: But it was just full of fear and the guilt placed on people. Can you imagine if you had gone to see your granny or your mum, and then they'd become ill, and, you know, it's your fault. You've killed that person.

Gareth: For me, it's the way that they visualize the COVIDs coming out of people's mouths and faces when they were talking and sneezing and the adverts that they have, you know, with this kind of like mysterious green miasma like wafting around in people's houses and around people's teacups when they were making dad a cup of tea and stuff. And they're still doing it even now, you know, with the new advert with the smoke.

Gaenor: But how much [fear] do you have to put into someone in order for them to risk walking into a busy road rather than walk past another human being?

R: I guess the answer is that much.

Gaenor: It's [inaudible 25:21]

Gareth: It is just next level terrible.

Gaenor: I've walked past people, I mean, we were on a walk and we walked past some people who, the four of them – I don't know if you remember – turned and shoved their heads into a hedge. So what is that teaching their children?

Gareth: And two of them had like Down syndrome.

Gaenor: What's that teaching their children? To fear being out in the fresh air walking past other people.

Gareth: Tragic. They covered their little faces, didn't they, with their hands, turned and then just like went and stuffed their whole bodies into the hedge as we went past. And that other- that girl did it, too. Remember early on? We were walking past her on the pavement, and she literally just like walked face first into a bush. It was like, "what? What is wrong with people?" You know, that's not going to be the first time you're going to hear this. I say that about 10 times a day.

R: So other than seeing that kind of profound anti human behaviour, I remember that quite well because it was quite a strong moment.

Gareth: I've actually got a lot of video of that. I put a run cam on my bike and pedalled about and filmed loads of, what's the word, Covidian divers, Covidian hedge diving. I've got a whole load of that. One day we'll find that funny, I'm sure.

R: I mean, I already do because, you know, you've got to laugh in the trenches.

Gaenor: Like that's going to help. You know, what's running through those people's minds that they think that is actually going to protect them from whatever.

R: I guess it's like hedgehog behaviour, right? Because when a hedgehog feels it's under threat, it does this [motions forming a ball]. But like if the threat is an oncoming car, well, doing that ain't going to help. But it's a reflex action. It's the same thing in autopsies and stuff, they look for bruises along here because you put your guard up when you're being assaulted. It may not do anything, right, but that's what people reflexively do. So, yeah, I mean, you've kind of gone across that, the kind of witnessing people's fear. And so now I'm kind of interested in what your experience of the lockdown measures yourself was, you know, what-?

Gaenor: How did it feel for us?

R: Yeah, what was life under lockdown like?

Gaenor: Oh, well, I remember, you know, at the beginning, I was scared because, it was just so scary what was happening, and I couldn't believe what was happening. And there were nights I'd go to bed and just be crying because it was just really unsettling and scary. And you kind of feel like you're in prison in your own head, you know?

Gareth: Not in your own home, in your own head.

Gaenor: Yeah. Well, I mean, I was working. I was working up until the October. So, I was still going out, walking to work. And Gareth, you'd walk with me sometimes because it was dark. You know, I did shift work. And, you know, there weren't many people out.

With regard to masks and how I view them I think I need to recognise the impact an incident at work had on me. There was an attack at my place of work in the summer of 2020 which involved a man in a large covid mask and a hoodie.

It was a violent attack on the windows of the property whilst I was stood the other side and although the police were at the scene very quickly he wasn't caught. This, I believe, has had an impact on how I view people in masks and why I find them so intimidating. I also believe that it shows how desperate people were through lock-down and the damage it did to people. It really sent some people over the edge.

Gaenor: Plenty of people going completely mental. So yeah, I was still going out, you know, most days, going to work. We were getting out on the bikes a lot, and that's probably one of the positives that has come from lockdown. I've become a lot more-

Gareth: Freedom cycles.

Gaenor: Yeah, freedom cycles. But I've become a lot more confident on my bike. And now instead of walking everywhere, I do use it as a mode of transport to get around locally. So that's a really good thing.

Gareth: Yeah, that's been a good thing.

Gaenor: And then yeah, meeting other people who are like minded because right at the beginning of this, I think that's what I found so frightening was that I felt like we were alone. But I knew we were right, and that's what was terrifying. Because I knew, I felt strongly that we were right. But I felt that we were alone. So, it was amazing to then come across other people who-

Gareth: It took a while, didn't it, almost a year before we met you and other people.

Gaenor: But yeah, the Lockdown Sceptics really saved my sanity. Coming across that, that really did help.

R: Yeah, I mean, it's been a year. Can you believe- Well, we're going to drink a toast to it later on.

Gaenor: Should I get some fizz in the fridge for that?

R: I'll be off to Marlborough after this. I'll do it.

Gaenor: OK, I've got plenty of bottles, so that's fine. I've got about four or five bottles of fizz. So yeah, that's fine.

Gareth: What was the question? It's my go, isn't it? What do lockdowns mean to us?

R: Yeah, lockdown experiences.

Gareth: Right. Well, for me, it hasn't been a lot different from what I normally do. Because I really am like, you know, sort of highly qualified societal avoider for a lot of reasons. So, I don't really have much to do with it. I don't really interact with people. And prior to the COVID bomb, the only interaction I really get, literally, is like talking to the ladies in the shop down in Tesco's. And maybe, you know, if I was lucky, I might bump into somebody that I knew in town, I could have a chat with them. And then customers, you know, that would come around with their laptops or what have you, that would be quite a good little bit of social interaction. But a lot of that all just stopped, completely stopped.

And so, I maintain my links with the community, if you like, by occasionally going to the pub or to a gig now and again and meet up with me crew from the old days, and all that has been completely killed to death. And, you know, it's pretty safe to say, I don't really have that many friends apart from the new ones that I've met through finding, you know, actively searching out people that aren't completely brainwashed. So, how does that- and I don't know, in a way, I've kind of thought it's taken a bit of pressure off me because there's been a lot of like maybe imaginary pressure that I felt to do more, work harder, see more people, be more sociable. And that was kind of removed a bit. So that wasn't such a bad thing, in a way. But yeah, I mean, just evil, really. And the silence got me, you know, like sitting out in the back garden, and everything just being completely silent. And the only thing I could hear most of the time was the sounds of like children screaming and being upset and having tantrums on a regular basis in the early days. One or two. But then, you know, contrast that with some other kids around here.

Prior to lockdown, they were the most miserable kids ever, every day screaming, trauma, tantrums every single day. And as soon as the lockdown happened, they were off school, and it took about three days for them to become the happiest kids that I've ever kind of noticed. And that was really quite interesting. Because, you know, obviously, those little kids absolutely hated their school... And they were exhausted, poor little things. They're only young. I mean, young, five, you know, about like that. And completely different kids now. But yeah, lockdown. And then like, Gaenor says, the cycling was a great thing, because I was just so incensed that the fat pig dictator would tell us to stay in our homes, don't go to work. I just thought "right, sod that and so we were out every day just for the hell of it." So yeah. But yeah, just the all-pervasive shadow of this evil totalitarian nastiness.

Gaenor: And I really didn't think it would last that long. You know, they said it was three weeks to flatten the curve, didn't they? Well, my birthday was in the August, and I felt sure that by then, we'd be you know, past this. And two birthdays down the line, and we're still-

Gareth: Yeah, and I was like walking around in June and July, you know, when they kind of let us go again a bit. And, you know, I'm talking about it in the past tense to people and go, well, it was like this, and we did that. And, you know, thinking surely this has got to be the end of it. You know, we had the summer before last with hardly any cases or deaths at all. Well, you know, no deaths anyway. And then in about, what, July or August, they moved from deaths to cases. And then off we went, you know, and mass testing and Boris's moonshot. And, you know, that just pushed the cases through the roof and then, you know, we're going yeah, but cases don't mean deaths and hospitalization. But it doesn't, you know, it didn't matter at that stage.

Gaenor: Everyone was obsessed with it.

Gareth: It didn't matter at that stage, and then we went into the tears, the Tears of a Clown, and just insane.

R: Yeah, there's been a very interesting secondary effect of all this, maybe even primary effect, which was the way that it's caused changes in interactions between people. So, what is your view of people who, you know- what was your view of people's view of the lockdown measures? You know, do you think it made sense? Do you think it was reasonable, unreasonable?

Gaenor: What, to have the lockdown?

R: No, no, no. So-

Gaenor: Other people's responses to it?

R: Yeah, other people's responses to it, what kind of thing did they evoke in you?

Gaenor: Frustration.

Gareth: Upset.

Gaenor: Upset.

Gareth: Lots of upset.

Gaenor: Disbelief.

Gareth: I just couldn't believe that people believed it all. Like, you know, friends and family, just unbelievable. Really upsetting. I found that really, really upsetting. And, you know, people keep saying it's like "Invasion of the Body Snatchers." It really is. It's like, you know, the people you know really well, it's literally like their thoughts and their personality have just been replaced.

Gaenor: Who are sensible, clever people.

Gareth: Sensible, clever people, yeah.

Gaenor: Is that fear? Is that because of fear?

Gareth: And I was surprised at the nastiness involved as well very early on. Because like we did some leafleting, didn't we? And this was like probably in April or something. And it's, you know, well written leaflet, written by Andrew Johnson from Rich Planet, the guy with shitty blue fleece, but you know, he's a very sensible guy, really. He's got his own website. I can't remember what it is called. COVID Investigations or coronainvestigations.org, I think that is what it's called.

But somebody found one of these leaflets and put it on the local Facebook group. I don't know if I need to say too much about that. Maybe best if I don't, but they put it on there. And the local paper got involved, and they were like "if anybody has any information as to who put these leaflets out, please let us know." And all the comments on the group were like, "These people, they should be jailed for manslaughter."

It was just leaflets, you know what I mean? It's like ridiculous. I mean, it's the same sort of people that sort of take pictures of people parking their cars badly, you know, and put it on the Facebook group and go "Just look at these idiots! Look at the way they parked. I've measured it and it is at least 1.3 meters away from the curb, disgraceful! They shouldn't be allowed to drive." So, it's the same sort of Muppets that are-

R: [inaudible 38:14]

Gaenor: I think at the same time, I knew people a lot of who weren't- who did think like us as well. I'm thinking of a couple of friends I've got around the place.

Gareth: Yeah, I was talking to a lady in Tesco, one of the cashier ladies, and, you know, it turns out she was really quite sceptical right from the start, which I thought was encouraging. You know, but she was literally the only one, literally, out of the people I met. And just everybody else, just it's amazing.

Gaenor: I think we knew some people who kind of thought, "well, I'm going to make my own decision, make my own risk assessment about my health and the health of people around me and do what I think is sensible." Which is sensible.

Gareth: But we never for a second worried about catching the 'rona, did we? You know, because I think we were well versed already by this stage in, you know, the data, the real data that said that you're not really affected by it, unless you're really old and with multiple comorbidities.

Gaenor: Or unlucky, and, you know, there are people who are young and unlucky with pneumonia and other things, so.

Gareth: And as well as that, you know, we've known absolutely loads of people that have died, more than our fair share of people, like really lots, and it's all for different reasons, you know, but loads of people, more than most people, I think. I mean, it's nearer 50, isn't it now, you know, about 20 of which were friends that have died.

R: And there's been a lot of blather about how vaccination is our way out of the pandemic, other people's comments, not mine. So, can you tell me a little bit more about your view on the messaging surrounding this current vaccination drive?

Gaenor: Coercive. And people aren't being properly informed about it either. The fact that the safety trials don't conclude until 2023 is quite a big thing for me. You'd think that would be fairly important to people.

R: I would.

Gaenor: You know, and I've heard people say, "well, they've chucked so much money at it and so much, you know, been working night and day at it." But, you know, if you still need however many years in the safety trials, then unless you believe in time travel, it's just not going to happen, is it?

R: If you're shooting all your bullets at a target, if it's the wrong one, it doesn't make a blind bit of difference.

Gareth: My view was that because my coming from a position that I thought this was a monumental scam, COVID is being used as a Swiss army knife for global social change as far as I'm concerned. That was always the plan. I was aware of event 201 just after it happened. I read the Rockefeller document the first time around, and I've watched lots of analysis of it in the past.

So, I was kind of ready for this, you know, being a fan of Alex Jones talking about his FEMA camps and that kind of thing. I was kind of ready for this. And I thought, "well, you know, this is it; they're going to drop the bomb." And I could see that the vaccines were not the *raison d'être* of the whole Corona project, just a steppingstone to mandatory biometric ID. So, I was convinced that that was the case.

And I was also pretty sure that the vaccines probably wouldn't work. And that there was absolutely no way that they could be safe.

Gaenor: Well and they don't work, you can still get the virus and you can still transmit it.

Gareth: So, I was under no illusion. I thought, "well, OK, let's see, let's see." And I gave them the benefit of the doubt to a certain extent to see if these vaccines would be any use. And it was pretty clear, almost immediately, that they weren't. In fact, they were actually looking like they were really dangerous. Because, you know, I was watching the data coming in, in real time, when they rolled out the jabbing in December and January from, you know, Israel, the Seychelles, what other countries were, particularly- Gibraltar was another one where you just look at the deaths, and it was an exponential curve to the moon after they started jabbing.

And, you know, by then at that stage, I was convinced that there's absolutely no way I was going to have this jab. You know, because I don't feel at risk, I'm pretty healthy. The data shows that it's not that much of a dangerous disease. The jabs aren't safe, and they really aren't effective. And moreover, even the medical, supposed medical benefits of these jabs to one side, I can see clearly that they're a vehicle to this mandatory passporting because that was talked about in the Rockefeller lockstep document in 2011. So, they had the health pass and the common pass, and they were pushing these as a necessity even back then. So the gears of the machine were already well in place. And as well as that, you know, it's come out that the European Union's been planning vax passports or health passports since 2018 anyway, even before anybody was talking about the dangers of the COVIDs, the COVID invasion.

R: So, the link between vaccination passports and biometric ID for you is clarified by the Rockefeller document?

Gareth: Definitely. Yeah, and I think Certificate of Vaccine ID is why they called it COVID. And that it sounds like it's an alien or an ant.

R: What about vaccination as a general practice in itself? So, these vaccines aside, what are your thoughts on just vaccination in general?

Gaenor: To me, I suppose to be honest, it isn't really something I've ever given great deal of thought to. I've always thought they were safe and effective, and a lot of them have been around for a long time. I suppose perhaps if we'd had children, I might have looked into them a bit more, just to inform myself.

Gareth: I don't think the MMR one is a good idea. Because giving three in one shot, I think, you know, has provably been quite a bad idea. And it seems like if people are given the choice of having separate mumps, measles, and rubella jabs, then they seem to fare a lot better.

Gaenor: I've never really, I've never questioned them. And I suppose it's only with this one coming out now that I'm beginning to kind of like read more stuff about vaccines in general. But yeah, in general.

Gareth: And I've had them all.

Gaenor: Yeah, I've had vaccines.

Gareth: But I did have a hepatitis one when I was about 21 for a job. And I really wish I hadn't had it, because almost immediately, I started having like aches and pains in my liver chest area. And I still get it, you know, it hasn't gone away. And you know, I wish I hadn't had it.

Gaenor: So yes, we're not anti-vax.

R: No. And it's important to kind of not draw the line, but it's a distinction to be made, because some people are. You know, they are completely contra the idea of preventative medicine. Others are not.

Gaenor: I think that's fair enough. If people have had life experience that means they don't [agree with vaccination], you know, they are anti vax, And that's fine.

Gareth: We don't have the flu jabs though, do we? I've never had it, you've never had it. And, you know, I was pretty against the flu jab personally as well, mainly because, you know, I really seriously thought – and I'm sure this is actually real – I used to get, you know, a dose of what I would call government flu every season when they started rolling out the flu jabs, you know, and I'd say jokingly, “oh, I've got a dose of government flu, ha-ha-ha, cough, cough.” But yeah, you know, I'm sure that's a real thing. And that's actually been enough to make me avoid pubs now and again, not much, but the thought's crossed my mind.

R: It's a nice little disincentive.

Gareth: The thought has crossed my mind that maybe, you know, because it's the jabbing season, the flu jabbing season, maybe it's a good idea to stay away from people.

Gaenor: I know loads of people who get the flu jab who are then really, really poorly.

Gareth: Yeah, my dad included.

Gaenor: Maybe they, I don't know.

Gareth: I mean, as a side note, that I actually managed to persuade my dad not to have this or the flu jab like the year before the corona bomb because he was so ill with it. You know, he had a horrible dose of the lurgy. And then that kind of morphed into an ear infection that stayed with him for about three months, and it was absolutely agony for him. It was terrible. And, you know, I've now read subsequently that ear infections and ear problems are actually quite common after the flu jab, as well. So, I'm sure they were linked. And I pointed this out to him. He's like, oh, I'm not having another one. But with this COVID Jab, you know, he's going to roll up his sleeve for every booster that they offer him. And he won't listen to me at all.

R: Yeah, so this is another thing. So, we've talked about just your view on how people have gone along with the lockdown measures and your dismay at how that looked. And you've bounced a little bit about friends. So, what about the impact of all this stuff on your wider family and the interactions therein? Tell me a little more about that, please.

Gareth: Devastation.

Gaenor: Well, for me, wider family, first of all, I suppose kind of communication has just fallen off a cliff really. I mean, I guess I would see family perhaps, you know, a couple of times a year. I've got one family member who is, you know, like minded, which is great. That's really great. But I've got quite a few. It's just one out of many. With my sister, yeah, you know, she's followed all the rules and-

Gareth: Believes it all.

Gaenor: Believes it all, and she's got her opinions-

Gareth: And then she won't read a thing and she won't listen to a thing.

Gaenor: -I don't agree with her opinion. And I suppose, you know, I'm as gobsmacked about her opinion and the opinions of people on the other side as they are gobsmacked about us. Now, I don't know how you bridge that, that gap.

Gareth: We just can't believe that people believe it all, can we?

Gaenor: I don't know how you bridge that gap. Yeah, I've tried really hard to. And there have been conversations that we've had that I've thought it was going quite well. But I don't think, you know, I don't think she's going to budge really. It's a bit different for you with your folks.

Gareth: Yeah, well, mine. I remember back in about like February BC, before COVID, and I was talking to them on the phone, talking to my dad. And what they normally do is they both pick up the phone at the same time, so they're both talking to me at the same time, which I find really difficult and annoying. But anyway, so I'm just like saying this is going to be- this is a scam. This is, you know, this is what it is. It's a global psyop. It was already clear in my mind what this was all about, this COVID scamdemic. And I'm saying, you know, "it's going to be like Swine flu or SARS 1 or Bird flu or H1N1 or any of these things. It's going to be just a huge flash in the pan. You know, I said, you mark my words, there's not going to be a deadly virus killing loads of people." I said it's a scam and it's to further the agenda, the UN agenda 2030 and that kind of thing. And they just got angry at me, you know, straight off the bat. "How dare you say that? Everything is a conspiracy with you; everything's got to be a conspiracy." You always have to- I don't know, what was the phrase like? "You always have to find a conspiracy in everything. You know, it's ridiculous. How dare you say that." And that was their reaction.

R: It kind of ties back to the nastiness, doesn't it? The nastiness of people.

Gareth: Yeah, exactly. I couldn't believe it. I'm thinking "why are they being like this to me, their son?", I mean, I suppose it's an element of crying wolf with me because I've always been, you know, a proper tinfoil hatter. And so, they've always gone oh, there he goes again, you know, off with his nonsense. So, there's a lot of that. And I guess that's been quite detrimental, actually, with hindsight, because when I do actually have something important to tell them, they don't believe me. So it's like I've been crying wolf.

Gaenor: But all the stuff that you've ever talked about has been important.

Gareth: Yeah. Well, I've thought so.

Gaenor: But just on a different level, isn't it? This is on a different level.

Gareth: And so, you know, not wanting to upset them, it was a big old argument right there on the phone. And it was just, you know, I went away from that feeling like pretty bad. And then the lockdowns rolled on, and I didn't see them at all for at least two or three months. And then when we got unlocked the first day, I was like, "right, we've got to do something about this now," so we went round to see them. And it was a total train wreck, wasn't it, an absolute train wreck. You know, I just thought "I can't put up with this bullshit anymore. I'm going to have to say to them, you know, you're brainwashed. You don't have a clue what's going on here. You've got to do some research; you've got to listen to some other information apart from the crap that's coming out of the BBC. And stop reading the Guardian; it's just lies, everything in it is lies", you know, and they just can't believe that. They would just- you know, so I sent them a few things, like I said listen to Richie Allen and listen to, I don't know, Ivor Cummins.

Gaenor: They didn't even have to do research. Like with many people we have sent info to, you don't even have to do research. We've spent hours, here it is. We've put it into an email and sent it off. All you've got to do is read it.

Gareth: We wrote this little leaflet straight off right at the start of this, and we collated, you know, death stats from all-cause mortality. And we're going look, COVID deaths are like this tiny little sliver on this pie chart we made, and, you know, me making a pie chart with my mathematical abilities is quite some achievement.

R: You can count to a hundred, can't you?

Gareth: Pardon?

R: You can count to a hundred, cant' you?

Gareth: Only if I use fingers and toes. So yeah, no, it's bad. So we did this great little leaflet, you know, and it was really spot on, and it was about how the government downgraded SARS COV 2 to a non-infective.

R: Yeah, non HCID.

Gareth: Yeah, whatever that is.

R: High consequence infectious disease.

Gareth: Yeah, that's the one. So, we're going to look, they've downgraded it. Now, we know why they did that now. It was because, you know, basically, if they said it was a high consequence infective disease, then they would have- they would be bound by law to explore all possible means of treatment. So, you know, that's why basically, in a nutshell, they downgraded it right at the start, so that they could say there's no treatment. No, we don't have to look, you know, we're not legally obliged to. There's no treatment. It's an emergency, we have to have emergency vaccines. There's no choice.

Gaenor: And they're not licensed, are they?

R: They're licensed under an EUA.

Gaenor: Yes, emergency authority.

Gareth: So we sent this this thing out to a few people, and all we got was just like, "oh, well, that's your opinion, oh, I don't really agree with that." My brother sent me this like, you know, it would have been four sides of A4 in small writing, if it was not an email, just rubbishing the whole thing, you know, and attacking me personally, and I couldn't believe it, couldn't believe it. And then he sent me this thing to counter it. And it was just like, it was one of the scientists from the Oxford Google vaccine team. I can't remember what they're called. But you know, the alphabet, ABC funded, you know, Oxford group.

R: Maybe Sarah Gilbert?

Gareth: I don't know, I don't know. But it was the Google funded Oxford vaccine team, a young guy, some kind of epidemiologist, bloke, and some kind of like eco-activist academic person, young woman from Bristol, and some guy that was like a doctor in sports medicine, sort of a young sporty dude, and some other person. And they were just all tied to the official narrative, you know, like de facto. And I was just looking at it thinking this is ridiculous. How come my brother, who's supposed to be quite clever, actually holds this up as being something that's worth listening to? I couldn't believe it. And I got

to the bit where the sporty dude was going on about how you need to quarantine your Amazon parcels for 72 hours. I thought Oh, this is mental, you know, couldn't watch any more.

Gaenor: I think this is when I kind of become a bit of a rule breaker from, you know, I've always been a rule follower. Ludicrous rules, like not sitting on a bench, quarantining your post for 72 hours – if the rules are stupid, then, you know, they're worth breaking.

Gareth: Quarantining benches.

R: So, yeah, there's a lot of interesting things there. So, we'll start with activism, I guess. So, you talked about leafletting and things like that. So, you are kind of involved in some degree of activism. Was there a moment as well where you had a breaking point of “I got to do something, whatever that something is, be that noncompliance, be that leafleting?” You know, could you kind of flesh that out a little bit? Like what kind of motivated you to be more out, as it were?

Gaenor: I think for me, going to the marches came from meeting more people at the stand in the park. And that was great. That made me feel, you know, less alone. But yeah, I felt like I needed to kind of like go and do something, be kind of active, something physical, go on a march in London, and it was incredible. There were hundreds of thousands of people there. It was really, really uplifting. And I certainly didn't feel alone then.

R: So, in that respect, was it kind of- it was a groundswell of things – you'd already had like an internal opposition, and as things evolved, that was one thing, but it was actually seeing a coalescence of people around that thing, which moved you into doing something. Is that fair?

Gaenor: Mmhmm.

R: OK.

Gaenor: Yeah. And knowing that there were people, there were the marches. The marches have been happening from the, you know, the autumn before. I don't know when the first one was, October, November 2020?

Gareth: It was one of the BLM Marches, wasn't it? That was the first one.

Gaenor: So I knew there were people, I knew there were marches going on. I knew there were protests. So yeah, you kind of want to stand up and be counted.

Gareth: Well, we did the leafletting first of all, and then we wrote to our muppet MP as well, didn't we?

Gaenor: A lot of writing to our MP, a lot of emails.

Gareth: A lot of writing to the local MP. I wrote one to her right at the start of this just saying, you know, “repeal the Corona Act immediately. It's insane.”

R: How's that worked out for you?

Gareth: Well, she ignored that one completely.

Gaenor: And I pointed out in my very first email to her, you know, if you scare people enough, you can get them to do almost anything. And that's what they've done. You know, I've spent hours writing my emails to her to make them really good. You know, no response. And so, what's the point? Yeah, you just got a basic reply. So, I don't bother now. I might just send a prewritten one.

Gareth: We've written loads, loads of letters to her. But yeah, you know, just-

Gaenor: In the hope, really, I think to start with, in the hope that it would make a difference, that she would see reason and be reasonable.

Gareth: Yeah, we had hope. We did have a bit of hope, not much.

Gaenor: No, not much. But a little. You've got to have hope, haven't you?

Gareth: What we started with our activism was on the July the fourth, I think it was Freedom Day, wasn't it? When we could go and-

R: Freedom Day, last year or this year?

Gareth: The year before the first lockdown.

Gaenor: It gets confusing.

Gareth: Yeah. 2020.

Gaenor: We were off in the van, weren't we?

Gareth: On the first day we were allowed, and the campsites were open, we were off, and we were actively, through the Lockdown Sceps thing, actively seeking out people on there to go meet up with. So that was our first step into proper activism. But at the time, we literally didn't know anybody that didn't believe it all that you might call a sceptic. Nobody, nobody at all. And it was only through the Lockdown Sceps that we met you and few other local people. And then the stand in the park came along a bit later on.

Gaenor: Sorry, I kind of jumped straight to the protests in London, didn't I?

R: But that's the thing, it was the first thing in your mind, then that also matters.

Gareth: I was looking at the protests because I was, you know, tuned into it all, even though they weren't appearing on the mainstream apart from to be rubbished, you know, I was looking at the protests, but I didn't want to get involved because it was too scary. You know, the threat of getting trashed by the police, arrested, the difficulty of travelling on the trains with the face nappy rules.

It was all hideous, you know, and too scary. And then the press coverage with the 77th saying in the comment sections in the Daily Mail, you know, "these vermin should be hosed off the streets with Boris's water cannons with disinfectant in them. We should be firing blanks, the army should be firing blanks at these protesters," it was disgusting, you know. And that really put me off protesting. And I'm not new to protesting. I've done it all my life, lots of antiwar protests and criminal justice bill and poll tax and all that stuff.

R: Yeah. So yeah, the media has been an interesting functionary in all of this, hasn't it? So, tell me a little bit about where you get your news from? And has it changed since BC?

Gaenor: Well, yes, we always used to sit and watch Channel Four News. We'd have dinner and watch Channel Four News. And then right at the beginning of this, we were still probably watching the news a bit, Channel Four, maybe a bit of BBC just to see what people were saying. We're pretty disgusted with the propaganda and the fear being churned out, so the TV got turned off.

R: Yeah. There's a thingy over it now [points to a rug covering the TV]. I want to note that for the record because that's really quite interesting.

Gaenor: Yeah, yeah. Well, after going to the first march that we went to in April, I was so disgusted that there was no mainstream coverage of it. Could not believe it, you know, that the whole of Oxford Street from one end to the other, completely rammed full of people, and there was nothing. And I kind of thought, I mean, you've [indicates Gareth] been wanting to get rid of the TV license for years, but it was at this point, I thought, "right, that's it." I waited until the last episode of Line of Duty, which I really shouldn't have bothered because it was not very good, and then yes, and we sat here, and the TV was still there in case we want to watch a DVD or something. And I was just like, "oh, I just don't want to look at the TV." So yes, I've got a nice water feature and a nice throw, and it's much nicer. And the TV's not been on since.

Gareth: Nope.

So, how does the doom and gloom make its way through, kind of what other kind of news sources, if any?

Gaenor: Well, the links off of Daily Sceptics, lots of links off of there. Lots of news off of there. And I do, I will look online at different news outlets, different articles. So yeah, I feel like I've got a good cross section of news, not just one sided. I've got to it balance it up and see what the other side is saying.

Gareth: So, I always used to- I mean, I've rejected the mainstream. Like Gaenor says, we used to listen to Channel Four News pretty religiously at seven o'clock nearly every night. But I found it increasingly hard to tolerate because of the propaganda, especially in relation to Syria. So, I found that really appalling. But, you know, I still felt like it was important to keep up with current affairs, and I also pretty religiously listened to Any Answers and Any Questions on Radio Four every Saturday, you know, I'd listen to both of them. I used to really like that. And I used to listen to Radio Four nearly all the time as well.

So, I'd listen to at least two or three news broadcasts on Radio Four every day. But, you know, since the COVID bomb, the propaganda just became absolutely evil and toxic, no other word for it – evil and toxic. And it was just appalling. And, you know, as it stands now, I can literally only manage about two or three minutes of Radio Four on any program that's on, you know, apart from maybe the shipping forecast.

R: It's not in fucking English anyway, so it doesn't matter.

Gareth: So before, you know, they just say something, you know, evil, idiotic.

Gaenor: It's just relentless as well, isn't it?

Gareth: Yeah, it's just terrible. You know, it's terrible on steroids. Everything they do is just dreadful. And my other news sources, I'm well informed. I listen to Sunday Wire. So, I've listened to that for years with Patrick Henningsen, and the UK Column, I've listened to that for years as well pretty religiously – religiously is the wrong word – regularly. So, I've listened to these things. And Richie Allen, you know, listened to him for a long, long time. Mark Windows. They're all a great source of information. Ben Emlyn Jones, Hospital Porters Against the New World Order. So, you know, that's where I'm getting my feed from. Richard D. Hall as well, richplanet.net. So, you know, all these people have been saying exactly-

Gaenor: And David Icke.

Gareth: David Icke, as well. I mean, I've read all his books.

Gaenor: And we've seen him.

Gareth: Yeah, we've seen him twice, too. But you know, mainstream media, I've always looked at it with absolute disdain. You know, everything they do for years has just been toxic, evil propaganda. There's no two ways about it. And now it's next level. It's boss level.

Gaenor: It's so visible, isn't it? The cancelling of people, the de-platforming, the fact that there's no debate,

Gareth: It's so dangerous.

Gaenor: Everything is just shut down.

Gareth: It's so damaging. It's incredible. I don't know how, for the life of me, how people can't see what it's about. It's incredible. Every day, you know, like I say, "what is wrong with people?" At least 10 times a day.

Gaenor: Well, the brainwashing has worked. It's supposed to. It's very effective.

Gareth: And we've be well aware of the brainwashing because the UK Column because of Mark Dolan's court case that got SPI-B to release the minutes of the meetings, you know, all became obvious exactly what the game plan was, you know, it's in black and white.

R: The perceived sense of personal threat is not sufficient and must be increased [inaudible 1:08:44].

Gareth: Exactly.

Gaenor: The psychological manipulation is just staggering, isn't it?

Gareth: It's incredible. And, you know, we know, we know that applied behavioral psychology is now fully integrated into government policymaking. You know, it has been since Cameron launched his fusion doctrine, pretty much in his big society in 2009 or whenever that was, '10, wherever that was. But yeah, it's incredible and so wrong. You know, it's dangerous, really, really, really dangerous. I mean, it's one thing to try and use applied behavioral psychology to stop people smoking or dropping chewing gum or drinking and driving or something like that, but to use it to persuade people that you're going to catch a deadly virus off your nearest and dearest in outdoor spaces and that you have to wear a mask and all the rest of it, is just boss level evil.

R: Yeah. Now, one of the most acrimonious, I guess the splits, right. One of the most bitter splits throughout this entire thing has been over the masks. Right? And it's, yeah, enough has been written and spoken about it. But now I think it's time for your own words on this. And so, could you tell me more about your perspective on the masks? And where that kind of comes from, you know, why is it that you hold the opinions, life perspective that you do?

Gaenor: I think for me the reason I don't like masks, one, I think they're terribly dehumanizing. You can't see someone's face, you can't see someone's expression. I also don't think they work. You know, I think the size of the virus is going to get through the mask. It's, you know, like I've heard it compared to keeping mosquitoes at bay by using a chain link fence. You know, it's an aerosol, isn't it? It's not

droplets. So, the masks just aren't going to be- I think masks are like a comfort blanket. And maybe a bit of virtue signaling as well. I know you feel a lot stronger [motions to Gareth].

R: I kind of do have to apologize for asking the question. And if it is something that's difficult for you to talk about, you don't have to respond. But it is something that I think is- it's certainly in my conversations with people throughout, you know, they will always at some point use the word "mask." And for me, that warranted further exploration, which is why it's on the schedule.

Gaenor: I just hate them. I can't look at people wearing them. I find it really difficult to interact with someone in a mask and the idea of seeing someone- It's hard enough seeing a stranger in a mask, but the thought of seeing someone, you know, I love in a mask would be devastating.

R: Why?

Gaenor: Because it would mean that they think it's helping them, that they're scared. It would show that they're scared. They think that it's helping them. And I don't think it is. I think, I mean, even at the beginning of all this Jenny Harries I think it was, said we shouldn't be wearing masks as they can trap particles of the virus in the mask and could make things worse. And you know, the way you see people wearing them under their noses, under their chins, in their pockets, out of their pockets, in their bags, out of the bags, I just think they're germ ridden comfort blankets.

Gareth: My turn?

Gaenor: Yes.

Gareth: Right. Incoming. Where do we even start with this?

Gaenor: Don't say that word!

R: I mean, you're more than welcome to say whatever you like.

Gareth: I think the- I mean, I think when I first started seeing people wearing them, I couldn't believe it. I'm just like "what on earth? Why is that person doing that?" And, you know, I mean, I've seen a few Chinese people wearing them, and I'm thinking, "wow, they like that kind of thing, that's OK. I can just about cope with that." But then it started to become more widespread. And I mean, straightaway, I just thought "this is all about psychological coercion." It's torture. You know, it really is.

Gaenor: It's a reminder that there's something to be fearful about.

Gareth: Well, that's that officially what SPI-B said, you know, it's to remind-

R: Neil Ferguson said the same the other week as well, right?

Gareth: Yeah. It's to remind people that we're still not out of the woods and that we need to be careful. And then it was the other excuse, well, we need to, you know, when they brought in the mandatory face nappy rules in the July, you know, that- Matt Hancock said, well, "we need to make people feel confident so they can return to the shops. "

R: And that was recorded in Hansard.

Gareth: Yes, that's right. And also that shop workers were disproportionately dying of COVID. And so, we have to do something to protect them. Even though that figure of 75% of shop workers are at risk or something, it was based on like nine people that have died, seven even, but, you know, that's to one side. It was all about psychological coercion. It's literally torture as far as I'm concerned. The science

behind them is insane, completely insane. I mean, even right from the start, you know, we had Whitty and Vallance and Fauci even saying you don't need to wear them, they're not going to protect you against anything. You know, it says on the box, it doesn't protect you against the COVIDs. You know, and I'm just thinking "why the hell do people do that?"

Gaenor: In the open.

Gareth: In the open air. I mean, it's completely insane. And as far as- well, like Gaenor was saying, you know, it's really dehumanizing. The face is- 85% of human communication, your expression, you know, there's so much conveyed in facial expression that's lost, completely. It doesn't matter what words people say most of the time, that's more or less irrelevant. And as a side note, I think this is why we're in such a state because of the way people communicate using text. There's no room for nuance or any subtlety that you would normally convey with your facial expressions, irony and-

R: One of the problems I have, actually for the record, is that I communicate a lot nonverbally. I know this. I cannot do that when half of my face is covered.

Gareth: Yeah, I mean, I haven't even tried putting one on, you know. I wouldn't, I couldn't, I just can't. And I just feel like it's all part of this evil spell that I feel is almost tangibly all around. You know, it literally is like an evil spell. And I think the people that are wearing the masks, I cannot help but feel, and I probably am, well, I'm sure I'm completely wrong about this, but my initial reaction is that the person wearing one is brainwashed, evil, and insane.

And I can't get past that. So that means I can't talk to anybody wearing one. I can't even look at them. It gives me an intense feeling of unease. It's like a fight or flight reaction with me. I don't know whether to run or kill them. You know, it is that bad. And as a result, I haven't been into any shops at all or any pubs or anything or even into town, apart from maybe once or twice since mandatory face masks were introduced.

That's how bad it is. So, if people go, "well, it's just a piece of cloth. I mean, what's the problem?" You know, it is a problem. It's a big problem because I am now completely excluded from every aspect of life. So, it's not OK. It's not OK.

R: So, you talk about, you know, the feel of a palpable evil spell there, that somebody who's wearing a mask will appear to be under to you.

Gareth: Yeah. Yeah. Brainwashed completely, like a, you know, not a human. I'm not talking to a human, I'm talking to a brainwashed automaton in a face nappy.

R: Is it kind of like a visceral thing, just something that like, you know, sometimes, you know, a reflex action when somebody hits your knee is to twitch it, right, that's just what it does. Is it the same with you? Or is there something more of a process there? You know, is there a kind of conscious mode of action there?

Gareth: Yeah, what it is, is that it just signals compliance to this evil agenda, which is the main thing that really cranks my tractor. You know, I just look at someone wearing that, and I just think, "for God's sake, what are you doing?"

Gaenor: But it's an instant reaction. It's an uncontrollable, it's not a reaction you can control at all. It's completely out of your control.

Gareth: Yeah, so that makes me angry to start with because this person here- It's not just anger though. It's also just like sadness, intense sadness, that people have fallen for this crap. And they're strapping these friggin face masks on themselves. And it's even worse when you see some poor old lady struggling down the street, who's probably got emphysema who probably can't breathe very well anyway, and they're terrified. You know, and the mask is just amplifying this fear for everybody. You know, that's all it does as far as I'm concerned.

And, you know, the science, I mean, let's try and give them the benefit of the doubt, you know. Look at the science. 30 peer reviewed studies that I can source reasonably easily that go back to 1908, that have studied mask wearing on influenza, the Coronavirus, round small viruses and maybe other diseases too, but there is no evidence that they have any effect on stopping the transmission of disease or preventing people from catching respiratory viruses. There's no evidence for it. And so, you know, that to one side.

Well, you know, what can I say, the science is insane. Like Gaenor says, it's trying to like stop a mosquito with a chain link fence. And moreover, you know, the whole science behind the transmission of SARS-CoV-2 through fomites was widely discredited right at the start of the pandemic. And so, you know, that alone blows out of the water any argument that stopping expelled droplets is going to, you know, stop the spread of the Coronavirus. Completely insane.

Moreover, I think they were actually introduced to make people ill, to boost the case numbers of COVID because this is what they have to do. They have to generate an awful lot of cases and illness in order to justify their vaccine rollout. You know, it stands to reason that breathing in concentrated soup of expelled viral particles, which should normally just be breathed out, cannot be good for anybody. That's with the viruses. Now we're talking, you know, bacteria. You want to talk about bacteria, it's well known that people have been suffering an increased rate of mask mouth bacterial gum infections, bacterial throat infections, bacterial lung problems.

R: Blepharitis.

Gareth: What's that?

R: Blepharitis.

Gareth: Yeah, I guess so. I can't remember the name of the thing.

R: It is the glue eye. It's why [redacted] doesn't wear one.

Gareth: Right. There's all these reasons. And then there's, you know, other studies that have shown that they decrease your oxygen intake, which is, you know, not actually a very safe thing to do at all, because people can actually be in a semi hypoxic state. And your body kind of adjusts to that after a short space of time, adjusts to low levels of oxygen, which can't be good for anybody. A German scientist has pretty much, well, she thinks that it could affect the neurological development of children.

R: Is that Sabine something?

Gareth: Yeah, I think so. Yeah. So, there's that. The particles that people are breathing in from these shonky masks made in Indian sweatshops, heaven knows what's in them. You know, they're literally being made by, you know, slave kids for a penny each, on mucky floors, shoveling in all kinds of mould spores and other bacteria. You know, you cannot guarantee the safety of these masks. Even the

fillings, you know, breaking up and putting fibers into people's lungs, is probably going to cause something that's a lot like asbestosis.

As well as that, I've read that increased levels in carbon dioxide in your lung can increase the acidity levels of the fluid in your lung, which quite possibly could cause or exacerbate or cause it more- make it more likely to get lung cancer as well. You know, there's an awful, awful lot of serious risks associated with full time mask wearing and compulsory mask wearing that just hasn't been looked at. There's been no risk assessments, as far as I'm aware, done by anybody about compulsory mask wearing, especially for employees.

So, it's one thing to say, "well, you just pop one on to go to the shop, it's only for five minutes. What's the problem?" But the problem is that the people in the shops are having to wear them every day, all day. And that's never been done before. There's no precedent for this. And we don't know what harm it's going to cause in the future. And this is just looking at the physical harm. The psychological harm, as far as I'm concerned, is almost immeasurable. It's completely destroyed interpersonal reaction with people in the street in public spaces, completely destroyed it, utterly, utterly derailed. I just find it incredible.

Gaenor: I ended up being in a dentist surgery last year when we were allowed in to wait inside. And there was this young man carrying a baby and this baby was really distressed, crying, screaming, because, well, daddy then said "I know you don't like seeing daddy in a mask," but continued to keep it on and the child kept crying.

Gareth: And as well, you know, it's a visible sign of compliance, which is probably one of the main reasons they brought it in, you know, to drive compliance with the corona narrative. And Cressida Dick saying we should use the public to shame each other in order to comply. I mean, just evil, you know, absolutely evil, what a wicked thing to say. And, I mean, we know quite a few people with learning disabilities in the area, don't we, and to see them walking around everyday still in masks. It's terrible. You know, it's really distressing. I mean, who the hell thought that was a good idea. And I just find it absolutely amazing that people are going along with this. It's completely insane. And it's completely evil.

R: Now, you talked about evil spells, and you've talked about some degree, the hypnosis that people have been put under. So, let's talk about the unseen for a little bit. What is your spiritual outlook, if any?

Gareth: I haven't really got- I'm not into organized religion at all. Really not. But yeah, I kind of think, you know, I go with the David Icke school of spirituality where, you know, we're all in this kind of biological spacesuit, just here for a minute, and then, you know, we'll go back to where we came from, back to the stars. So that's kind of my angle.

R: So, like a human view is typified by, yes, being a bag of meat, but the thing that inhabits that bag of meat is something beyond the contents of that bag of meat?

Gareth: Yeah, I'm a humanist I think probably, ultimately.

Gaenor: I'm not religious. I was at one point until I saw the light.

Gareth: And I am a humanist because I am deeply concerned about people and humans and welfare and people's welfare and happiness. It's what I think about nearly all the time, it's really important to

me. Really important. It's probably the most important thing, actually. And I'm not upset for myself about this 'rona disaster, I'm upset for society and humanity at large. You know, and that's what I find most upsetting. And that's why I find masks upsetting as well, more than anything else, just because of the damage it's done to humans, society, my community.

It's almost immeasurable as far as I'm concerned. And when it comes to this idea of "evil," you know, I've used the word a lot, I think it's a very apt word because I'm actually fairly convinced that the cabal that's pushing this global agenda are literally Satan worshipping Satanists, you know. Now, that might sound a bit weird. It doesn't mean anything to me really, but I think it means a lot to them. And I think this is literally the force that's driving this agenda. It literally is a very dark, satanic agenda.

And, you know, you just have to look at the symbolism of the cult, really; they're all over the place, pentagrams everywhere, pyramids, all seeing eyes, corporate logos, pentagram in the street plan at Washington, DC, the statue of George Washington posed as Baphomet, obelisks. You know, it's all there. It's all there. And, you know, we don't really want to go too far down the line of ritual child abuse. But, you know, as far as I'm concerned, that's the glue that holds the fabric of the cabal together is blackmail.

R: So, you're reckoning, your calculus of this is that this is motivated by a cabal of Satanists?

Gareth: Yeah. More or less.

R: Is there anything more you want to add?

Gareth: No. I don't know. What can you say about that? It sounds pretty out there. But I think it's very important to them. And I actually, you know, would maybe take it one stage further and say that organized religion is, they're Satan worshipping too. And if you look at the Catholic Church, you know, it stemmed from the pantheistic religion of Rome. And, you know, Saturn was one of the deities they worshiped as well as the other planets. And the Catholic Church I think is literally a cult of Saturnalia, Satan worship. So, I know it's going to sound a bit controversial.

R: I'm not here to judge.

Gareth: No. So, you know, you have that. And then I don't know if I should go too far down this road. It's another, you know, it's a whole other area. And I'd say maybe, you know, if a listener was wanting to know more about this, maybe listen to what David Icke's got to say about it and the Khazarian Mafia and the cult of Jacob Frank and Shabbetai Tzvi as well. [The] Sabbatean-Frankist Cult went on to spawn or form the Bavarian Illuminati, as I believe, which had various luminaries like Marx and Lenin as well in their midst and the Frankfurt School, Global Communism, the Kalergi plan.

So, if you look at things like that, it does kind of put into context what I'm saying. And as well as that, there's plenty of pictures of the Rothschilds, you know, at family gatherings wearing all kinds of satanic regalia, goat heads and pentagrams and all kinds of weird stuff. So, you know, grottoes in stately homes, little, satanic grottoes. They love it, honestly. Burnham Beeches, it's a park outside London, which is, you know, famous for ritual or satanic rituals. So, it's, you know, fabled to be where all the great and good go and have a little satanic shindig every now and again. Honestly, it's there. You can read about it. Now, make that what you will, but I think it's a thing.

R: OK. How about you, Gaenor?

Gaenor: I'm not religious. Nope, not religious. Used to be, but I'm not anymore.

R: And then what about your perspective on what makes a human, what is a human?

Gaenor: In what context do you mean?

R: I suppose I'm asking is a human merely a biological entity, a bag of meat, or is it something a bit more than that?

Gaenor: Yeah, I think so. I'm not really sure what else to add to that, to be honest [Gaenor wishes to add that she thinks this is a terrible answer and added this in a postscript: "What does it mean to be human – I think we are more than simply bags of meat, we have a level of consciousness, an awareness of self, who we are, the world and our place in it. Although not religious I believe there is a soul or spirit unique to each individual and that they go somewhere after we die. This could well just be a coping mechanism for death. I like to think that in some way we will reunite with lost loved ones. I understand the comfort that religion brings people. I was comforted by the fact, when my Mum was dying, that she was very religious and that would have been a comfort to her. A meeting many years ago with a spiritualist has made me consider the possibility of there being 'something' after death."].

R: That's OK. And, you know, given what we've just covered, where do you derive your sense of right and wrong from? What is right and wrong? How do we come to that?

Gaenor: I think we're born with it. I think we're born with it, and hopefully, it's nurtured through parenting and teaching. And some people are lucky and have the right guidance and other people, perhaps not so lucky in life situations. And I suppose the thing is there's, you know, what some people might find wrong or bad and offensive, other people would find acceptable. So, it's sort of subjective, isn't it?

Gareth: Yeah. I've kind of got faith in the human race generally, to do the right thing.

R: Yeah, I think being something which is inborn within them?

Gareth: I think humans are generally they want to be good and kind and nice and helpful. And yeah, I think that's the natural human state. Some people would say "no, no, no, the natural human state is sin. I don't think that's true."

R: OK. And now, so I think I know the answer to this, but a lot of this has been based through sort of the threat of social ostracism and kind of coercion by one's peers, as you've outlined, so the Cressida Dick thing. So, could you tell me, are you more comfortable in groups or on your own? And how would you feel if an instance of social ostracism hit you, like not being invited to a party?

Gaenor: I'd probably be quite pleased. I've never felt terribly comfortable at parties. Socially, I feel rather socially inept most of the time really. I don't know. I think it depends who it is, the people there. Yeah, if I trust people and know them, you know, and feel comfortable, it makes a huge difference. I like being on my own. I like being in my own space or in a small group. I think I feel more confident in a small group. I think the more people that you add, the kind of less confident I feel. Yeah, but I do like social contact as well. I do like to be not completely isolated.

Gareth: So, with me, you know, like in my younger years, I was a pretty sociable person, pretty gregarious, you know, like I had a huge, huge posse of mates. And I've been through various big groups of mates in my time. And, you know, always, always down the pub and always socializing. I kind of gave up that like quite a few years ago, mainly because I was a bit of an alcoholic and really too fat.

So, you know, I had to do something about that. But anyway, you know, so my social group has really dwindled a lot. And so, because of all this lockdown stuff, it's not much different, actually.

Gaenor: But we're now doing- socially, it's kind of changed, hasn't it? Whereas before, we would always go to the pub, it would be on neutral territory, you could arrive when you wanted, you could leave when you wanted. But now we're more, you know, kind of having people to dinner or going to other people's for dinner. It's a different thing. We've never done that.

Gareth: We've actually met more people in the last couple years that we get on really well with that we haven't actually- we wouldn't have met before. So, there's actually- we've probably got a better social life now than we've had for at least the last 10 years. Literally.

Gaenor: Yeah, really.

Gareth: So it's not all bad. What was the rest of the question?

R: Not being invited to a party, like incidents of social ostracism, how does that make you feel?

Gareth: Yeah, OK. I was going to say about that, social ostracism, I don't care. I don't give- I don't care. I was going to make it something (laughs).

Gaenor: So, what are you saying, that you're not invited to a party, because you've not been vaccinated for example?

R: No, no, just not been invited to a party for whatever reason.

Gareth: I don't care. And the way I feel about society at large right now is I don't want to know. You know, I don't, I literally don't want to meet or talk with most people out there because they're just so brainwashed, you know, and ignorant.

Gaenor: And that's been the nice thing about this new social group is that we don't have to battle; you know it's not going to be a battle to have a chat with somebody. It's not going to be a fight.

Gareth: I don't care. I was pretty socially ostracized anyway. Definitely very, very much an outsider. I mean, I felt like an alien for a long time anyway, literally, just, you know, I'm not like other people. And I don't belong, and I don't fit in. So social ostracism means nothing to me.

Gaenor: I often think if I know somebody has got a party or a wedding or something, I often think, "Christ, I hope they don't invite me."

Gareth: Really. Really, really. All these things though, we actually just really hate them, don't we?

R: So, we are nearing the last sections. So, what about perspectives on being sick and dying in and of itself?

Gaenor: What, from anything?

R: From anything. What are these parts to play in our experience of life?

Gaenor: I think it's something that people don't really like to talk about, generally, isn't it? Something that's going to happen.

R: Because with your history, you kind of- you know.

Gaenor: Yeah, yeah. You know, it's going to happen to all of us. I think I have found having lost a lot of people over the years, I've become, it's not really an issue for me to talk about death. You know, from a young age, I've had my, you know, funeral plan written down. And you know, I think about this stuff all the time. And it's not really- it's a horrible thing, isn't it? But I don't know. Maybe I'm just desensitized to it or something. I don't know. Yeah, I kind of think when your number's up, your number's up.

Gareth: And I said this already, but I think with us, we really have known a disproportionately large amount of people that have died out of our social group. You know, it really is quite unlucky. So, as a consequence of that, I suppose we're kind of used to it, the idea of death. I mean, every time it happens, I mean, all you can do is go "oof thank goodness it wasn't me," you know. But I suppose what it does mean is that we're really aware that you can die for a whole load of reasons, a whole load of different things, and, you know, a whole load of different things have killed a whole load of different people, you know. And, you know, being scared of like a flu virus just doesn't feature on the register at all.

Gaenor: And I think that's what angered us as well was the fact that, you know, everything became so obsessed about COVID. And yes, we've got to treat people with COVID, and we've got to care about people, of course, but, you know, there's lots of other things that are killing people, you know, and people aren't getting treatment for. They're terrified to stay in their homes and dying from heart attacks or strokes, or they're not getting their cancer screenings.

Gareth: And when it comes to general health as well, you know, it's like I'm really confident I'm really healthy. And I don't worry about my health. I used to. You know, I used to be reasonably obsessed, but that was when I was young. And that was just after like a really good friend of mine died, he was only 19, suddenly, that sort of made me trust my health, I suppose. But you know, I kind of made a decision like quite a long time ago to just stop worrying about it. And I don't really.

R: OK. So, you know, you've covered the satanic cabal and, well, a lot of other things about what motivates this. You know, how do you think this is going to end?

Gareth: Not well. No, I think the way it's going to go is they're just going to keep on with this because it's the agenda, it is the script. You know, I know that the corona project is scheduled to run until 2025. And then the recovery phase is scheduled to run from 2025 to 2030. And COVID lockdown is going to morph into climate lockdown. And you know, we're going to have mandatory passporting, health passports, and it's going to happen.

Gaenor: Well, it's happening around the world, isn't it?

Gareth: Yeah, it's going to happen. And it's all to do with, you know, cryptocurrency, the collapse of fiat currencies. You know, it's this whole project's been instigated by the banks. As far as I'm concerned, I'm right. I'm completely right. You know, all the evidence points to this; you can't deny it, really. So they're going to carry on with this, and, you know, the part of the agenda, of agenda 2030, is rewilding. And so, the next stage is going to be animal transmitted viruses.

And they're already rolling this one out. They're saying, well, you know, there's going to be humans who are at much greater risk now of contracting animal viruses because they live in close proximity to animals now where they never had before because the Earth is so crowded. You know, that's why. And it's going to be used to decimate farming. So, people won't be allowed to have livestock because

viruses, Bird flu, you know, it's happening now. Swine Flu, you know, they're going to come up with some new thing that says you can't have, well, Foot and Mouth or something, some other, you know, biothreat because that is going to be used in this new emerging biosecurity state for total global domination and control of everything.

That's the agenda. And so, rewilding, you know, they're going to pay farmers to grow flowers instead of crops. And you know, it's baked in. We are going to be eating no meat by 2050. That's in the script, carbon zero. That's where it's going. And unless people wake up and realize what a scam this is, we are looking at a global totalitarian fascist hell, the likes of which the world's never seen. Deaths in their billions from these vaccines, aiding the undermining of natural immunity, viral mutations, it's going to be absolute carnage.

And I've be ready for this for a long time. Concentration camps, they're building them already. The unvaxxed locked up, losing all their assets. Australia's just proposing that people who break COVID laws are going to be locked in these health camps. And they're going to pay for their incarceration, which means they're going to lose their houses and everything. It's happening.

Gaenor: It's abhorrent, isn't it? It's evil.

Gareth: It's absolutely terrifying.

Gaenor: The segregation just leaves me speechless really.

Gareth: I mean, it's like 1930s Germany on steroids with a technological edge. Absolute Nazis. It's terrifying, antihuman.

Gaenor: And how anybody can support, you know, the vaccine passports, just to go on to the vaccine passports, you know, segregation for whatever reason that is, color, religion, sexuality, disability, medical choice, segregation never leads us to any place that's good. There's not even any logic behind it because you can still, even if you're vaccinated, you can still get it and still transmit it. So, there's not even any logic behind it.

Gareth: It's just pure evil.

Gaenor: Even if there was logic behind it, it would still be abhorrent.

Gareth: It's evil.

Gaenor: And I don't understand people who support them.

R: So that is the primary opposition to vax passports is that they introduce an element of segregation that was not already- that was not yet there?

Gareth: Yeah, and as well as that, to mandate this jab, which is actually just really dangerous and doesn't work.

Gaenor: Yeah, it's more coercion, isn't it? If you want to continue to work, you have to get the vaccine.

Gareth: It is a total anathema to human rights. You know, it's against the Nuremberg Code. It's against the Helsinki Accord. You know, it's against human rights. There's no two ways about it. There's no gray area. It is black and white.

Gaenor: And also, the thing is, you know, we're fighting about human rights. OK, yeah, pissed off that we, you know, if the vaccine passports come in, we'll be excluded from cinemas and theatres and

possibly restaurants and all these places. Yeah, that would piss me off. But I'm not quite sure how to put this across. But, you know, the people who are vaccinated, so they're OK, that's fine. They can access all these places.

But it only takes a change from somebody above for them to then be on the other side as well. So, you know, you've just got to fight for human rights in general, haven't you? And I think they're not getting that. They're kind of like, a lot of people are saying, well, "let's just get the vaccine. You know, what's wrong with having the vaccine? It's your moral duty. " But it's actually just fighting for human rights and it's their human rights as well, because they might find at some point they're on the other- the shoe's on the other foot for them as well.

Gareth: And it's a lot like "the nothing to hide, nothing to fear" argument," isn't it? Which is all very fine and everything until you do actually have something to hide, you know, like Jews in 1930 or something.

Gaenor: I'm sure they thought they had nothing to hide or fear, and then all of a sudden, they did.

Gareth: And as well as that, this carbon neutral agenda, you know, it has just reframed humanity as being the problem. You know, we are the carbon emitters that need to be controlled. So that means that humans need to be killed. We have to have our numbers reduced. So, it's all very well kind of like sitting on your hill going, "oh, yes, yes, the world's too full, we have to get rid of people," until it's you that you need to- It's you that needs to be killed.

So, you know, this is in essence the problem. You know, it's a paradigm shift in the way that the rulers view us, the stock, the livestock, the sheeple, you know, the wolves, the shepherds. We are to be controlled and killed and managed like farm animals, sterilized, no children, not unless you're, you know, suitably qualified with the right kind of social credit score, you're not going to be allowed to have children. The next stage on is we can't let people conceive naturally. It's too risky. Think of all the birth defects that you could have if you just have a normal conception and birth; we can't allow that. No, you're going to have to have, you know, you're going to have to have the sperm and the egg from a filtered source, you know, a sperm bank, a donation center. You know, they're going to be screened for any kind of genetic problems. And then you can, you know, you can have a child then if you want. And then the next stage is going to be literally, you know, like babies in test tubes, transhumanist Huxley style, you know, this is it, this is the agenda. And it is the agenda. There's government documents that even hint at this.

There was something, you know, some kind of 3D creation of the future space thing, and some of the billboards, you know, were showing adverts for test tube babies, you know, and a kebab store with soya kebabs or plant-based kebabs or something. This is the agenda, you know. This is what they want. This is where we're going. And unless people wake up, stop complying, and fight back, the human race is doomed.

R: So given what you've mentioned is as at stake, how has this affected, you know, your relations with people in general, just Joe and Jane public? We've alluded to it a little bit, but you know, it's really round on what we've covered previously.

Gareth: Completely broken. Like I say, I don't want to know. I don't want to talk to anybody who believes any of this. They're impossible to talk to. They're too brainwashed, they're too clueless, they're too ill informed, they're too emotionally manipulated. You know, I can't, I can't talk to people that believe

this crap. You know, I mean, when I meet new people, I can pretty quickly ascertain where they are in their belief system.

And, you know, I just don't want to know. Maybe I'm wrong. Maybe I'm building up the world out there to be much worse than it actually is. I probably am. You know, in fact, I know I am. And, you know, I'm not saying that I treat everybody with total disdain and hate everybody. That's not true at all. I'll give everybody I meet a fair crack of the whip. Really do, and if they turn out to be fine, it's great. We get on brilliant. But you know, anything other than that, and it's just, I can't talk to them, can't deal with these people. I'll try and un-brainwash somebody, one person at a time; I do this with everybody I talk to.

Gaenor: I think for me, it's kind of added an extra layer of anxiety about meeting people. Yeah, and just that worry that comes in and, you know, the interactions [and] possible confrontation.

Gareth: And as far as I'm concerned, I just don't understand how like you can go and do a job and rub shoulders with these brainwashed idiots every day. I don't know how you manage it. I couldn't, I can't for a second. I couldn't entertain a Covidian with their bullshit for more than about a minute and a half without having to tell them they're fucking idiots.

R: You just don't talk about it. And you write texts to supportive people when you hear somebody pipe up. It really is about keeping your head down and your mouth shut. And part of that is because I don't want every space I'm in to be dominated by this thing. So long as we keep it fairly surface level, then, you know, that's at least one bit of normal, normality there. Muzzled, yes, but it's still something. And then what about- So you talked about not wanting to know, Gareth. And so how has this changed from BC? What's changed?

Gareth: It hasn't changed much, actually, because I felt like this anyway. So, if it wasn't COVID, it was other stuff. It was Syria, you know, was a good example, or the Iraq war, or the criminal justice bill-

Gaenor: But you didn't really- you weren't full on with people talking about that sort of stuff.

Gareth: No because it wasn't that important, and it wasn't affecting me, and it wasn't worth getting sweaty about and losing friends over.

Gaenor: Whenever you had customers come around, you're really personable, you really enjoyed the interaction you had with people.

Gareth: Yeah, now I just stick the knife in at every opportunity. You know, because I think it's that important. You know, what we're looking at here is just literally a ginormous crisis in humanity. It's massive. And I cannot not take the opportunity to try and un-brainwash somebody. I can't pass it up. You know, I can't just not mention the war. I can't just not talk about it. I know that's the way to get along. I have to do it with my mum and dad, they came around two weeks ago, I talked about the war, it was a train wreck, straightaway, you know, after an hour and a half of getting on reasonably well.

Gaenor: People just, you know, listen to us talking and they just won't have a clue what we're talking about. They'll think that we're going through something completely different to what is going on for everybody else.

Gareth: My mum and dad think I'm in an online religious cult. Like they really do, an internet religious cult, you know, literally.

R: I mean, it's not very online, and it's not very religious, and it's not very cult-y. But other than that, the similarities are everywhere.

Gareth: Well, you know, I had to point out to them that they are the ones that are actually literally in a cult because they've been subjected to, you know, two years of cult-like systematic brainwashing. Which is true. You know, you can't deny it. That's absolutely what's happened. You know, it really is. Absolutely. And, you know, I can- I've got the documents. The- what was it? I can't remember. But you know, there was the Amnesty International report, wasn't there, about torture techniques in Korea that was written in the 50s, which pretty much outlines, you know, all the steps you take to brainwash somebody.

R: Chart of Coercion.

Gareth: Yeah, Biderman's Chart of Coercion, that one. That's what I'm thinking of. Or even if you just look at the CPS's own definition of domestic abuse, you know, every single point is what the government have done to us. It's by the book brainwashing.

Gaenor: It's like being in an abusive relationship.

Gareth: It is. It literally is. There's no difference. Every single thing they've done is just like living with an abusive partner.

R: And so how about that change in relationship to the state, has there been a shift in-?

Gaenor: More anger towards them. I've never trusted them. I've always felt it doesn't matter who you vote for, government always wins. I've never had a great deal of trust in them. But it's gone completely now.

Gareth: No. The level of contempt I feel for the structures of- the public structures in Britain, all of them, the government, structures of government, local government, council, the NHS, the whole thing, shops, the corporate, the corporate shops, businesses, they're disgusting, absolutely disgusting. Disgusting and evil.

R: OK, so I tend to wind up with asking you if there's anything you want to ask me. I tend not to transcribe this stuff, but I do record it. Because, you know, quite often it's not something that I can integrate into like a systematized thing. But is there anything you want to ask me?

Gaenor: What are you getting from doing these interviews? Are you finding them helpful, depressing, uplifting?

R: A mixture of everything. That's actually quite a good question. What am I getting primarily for doing these? I guess it's the opportunity to work on something. I like working on long term projects; I like building stuff, always have. So, there's that. And as I mentioned before, it's the opportunity to kind of contribute to some meaningful resistance in some way. I can't un-brainwash people because I just don't have that long a fuse.

But what I can do is write bits of theory, some of which have been quite well received, and they can moralize and galvanize people into more efficient acts of resistance than they were able to do otherwise. Which is, I think, the function that I might have in all of this. And what I'm doing here is an extension of all of that kind of thing. It's basically just scaling it up. So, we go from

not opinion pieces, not bits of creative writing or think pieces, we go into actual journalism. You know, this is active journalism.

And so, yeah, I get from this the opportunity to work on something fairly long term-ish. I then also have the opportunity to contribute in the way that I best feel I can. In terms of the individual experiences doing these interviews, I have, without exception, found them very, very interesting. And really, the reason why is because everybody has some uniqueness to their perspective. And without exception, these viewpoints are well articulated. This might be a function of who's chosen to be interviewed. Can't rule out the selection bias here because, you know, it's a self-selecting pool of candidates. I ask people if they're interested, that limits the respondents to who I know. And then those who are interested might have a different personality profile, they may have a different way of relating to the world than those who say no.

So, with that in mind, it might be that that kind of articulation is because of who I'm talking to, as opposed to what they believe. So, it is rewarding in that sense. I also find it quite edifying because the unique perspectives almost always shadow on things I've not thought about. There's something new in talking to every person. Sometimes that is a message of hope, other times it is a message of profound despair. And other times still, it is a person of considerable years who has seen a lot of stuff and analyzed a lot of patterns, evaluating with a great degree of candor and, you know, critical skepticism what is going on and saying something which I might not have expected at all, which is still worth hearing.

Also, to some degree, as I say, I mean, people might be sparing my feelings, they might not be, I can't know, but people do seem to enjoy the experience. And so, what I also get from that is a degree of satisfaction in knowing that, in listening to them, they've been able to articulate something that has weighed very heavily on them for a very long time. You know, this is important. One of my primary oppositions to all of this stuff is the making of isolation a virtue. It becomes quite difficult to be isolated when you have somebody's undivided attention, notwithstanding a piss break, for multiple hours. That's it.

Gareth: I was thinking about something, but it's gone. I'll think about it.

Gaenor: What I'd also like to add is that, you know, when I say to people, you know, the people that they're listening to and trusting, Chris Whitty and Patrick Vallance, you know, these people have got a lot invested in what they're doing, you know, earning a lot of money, a lot of funding, shares. You know, some people have got shares in these pharmaceutical companies. And then I look at the other people who are people that we're listening to, you know, Sunetra Gupta and Mike Yeadon, and other people like that, you know, people who've got an awful lot to lose, you know, they haven't got anything invested. And I kind of think, "well, who would you trust?" The person who's got everything to lose by speaking out or the person who's speaking their version of the truth and earning a lot of money for doing it?

R: It's something that needs to be wrestled with. Absolutely.

Gaenor: It is not a difficult one for me.

R: [R talks about his own former professional body]

Gaenor: I don't think we're going to change people's minds. I think, you know, you can try and try and try. We've been trying for the last 18-19 months, and you might as well – it is futile. You might as well just bang your head against the brick wall, really. It's just upsetting.

Gareth: Yeah, people will only start to change their minds when Philip Schofield starts changing his tune, you know, when mainstream media starts changing the narrative. You know, that's the only thing that's going to make any difference. Failing that, it's, you know, what do they call it, the sixth monkey syndrome or whatever, you know, the critical mass that, you know, is going to get to the point where, hopefully, there's going to be enough people – it doesn't take 100% of the population, it only takes they say about maybe 30% or something – to realize, you know, what is actually going on and turn their backs on the mainstream media.

You know, that's probably the most crucial step to get us out of this, is people need to just stop listening to the bullshit and do their own research. You know, it's the only thing that's going to help, that's going to make any difference, because otherwise, you know, if people just keep plugged into the matrix, they're just going to be constantly led down the garden path for the rest of their lives and they'll never even notice. You know, they won't even know. And the way things are now, the governments, the cabal, they can just tell people that black's white and white's black and they believe it.